

Senior Advanced Class information 2026

General:

Many students are highly engaged with dance and are participating in performance troupes and solos as well as exams and open classes at this age. Our recommendation for Senior Advanced students is a min training of 8-10hrs p/w to establish sound technique, but our class schedule allows for a more personalised selection. We hope that you find our schedule a good fit as we have tried very hard to consider the balance of school and dance for students that find great joy and satisfaction through their dancing, to continue with as many classes as they can manage alongside their study at a discounted rate with our sliding scale built into the fees. The continuance of dance through these higher years of study can provide the essential physical, social and emotional support needed to maintain good balance for young students. We have always found that our students that continue to dance through these important study years develop such wonderful time management and organisational skills. You can be assured that our experienced and caring staff will work with you and your child in scheduling dance events around important VCE school exams and sacs.

Classical Ballet:

Sen Adv Students will be offered 2 classical exam-based classes per week as well as an open class which will also include some conditioning in. Major Classical examinations are still offered within class times at higher levels to help stimulate further growth and motivation and to maintain good technique for other styles. Mondays, Wednesdays & Thursdays will cover the major exams of Intermediate & advanced with intention that these exams will be sat in 2026 or early 2027. Tuesday serves as a combined open & conditioning class. This will vary based on student needs. Students wanting to sit major classical exams are required to attend all 3 classical sessions per week ensuring the development of strength to prepare safely for the exams. Students wishing to attend just one or 2 ballet class p/w for maintenance enjoyment can choose from any of the 5 offered classes. Extra rehearsals will be offered to successful applicants for the main ballet as well as a separate pointe item for those wanting to do a little extra. There will be prerequisites for this.

Jazz:

Students are offered 1 x 75min class p/w. This is an open jazz class with a combination of both Broadway & Commercial jazz styles as well as heels. There will be 2 concert dances allocated to this class with an opening item as well as the usual item. Jazz exam Level 10 will be offered as an optional (extra) class & prerequisites are required. This will start as a 30min class in term 1 in consideration of all the L10 students participating in Disney rehearsals. After Disney, the exam class will extend back to 60mins

Extensions Class:

Our 1 x 60min extensions class is designed to take competitive students to the next level of their training. A combination of acro, stretching, extension work focused on turns and jumps and core strengthening. This class is now a requirement for competitive & high-level exam dancers wanting to take their dancing more seriously.

Contemporary:

Students are offered 1 x 60min class p/w. This is an open class. Students must be doing at least one ballet class to participate in contemporary or have had sound classical training due to the high technical element. There is one concert dance allocated to this class.

Tap:

Students are offered 1 x 60min class p/w. Students will be working towards the L7 tap exam. There will be one concert dance allocated to this class.