

Intermediate Class Information 2026

General:

Many students are also performing in competitions from this age and may be invited to participate in a performance troupe and solos. There is a discounted sliding scale built into the fees allowing students to be able to do more classes at a highly discounted rate, as many students start to train multiple hours from this age. Our recommendation is a min training of 6-8hrs at this age to establish strong technique, but our class schedule allows for a more personalised selection.

Classical Ballet:

Students are offered 2 x 60min classes p/w and will progress towards the SFD "NEW" level 5 exam work with a view to be ready to sit the exam this year. Exams are only offered to students participating in 2 classes per week. There will be the main exam/concert class, and the technique class which will support the students with extra ballet technique necessary to progress. The repetition of recruiting & engaging the specific muscles twice per week is required to establish sound classical training. If students only wish to do 1 ballet class, they should attend the Technique class on Wednesdays. One Concert item will be offered to students attending both classical classes.

Jazz:

Students are offered 1 x 1hour class and will sit the SFD Jazz Level 5 exam. One concert dance is allocated to this class.

Tap:

Students are offered 1 x 1hr class per week. Students will work towards the SFD Level 5 exam.

Extensions:

Students are offered 1 x 60min hour class per week. Students will work on the essential skills required for turns, jumps, partner work, flexibility and core strengthening. This class is now a requirement for competitive dancers, higher level exams & those wanting to take their dancing to the next level. There are NO concert dances allocated.