

Senior Advanced Class information 2025

General:

Many students are highly engaged with dance and are participating in performance troupes and solos as well as exams and open classes at this age. Our recommendation for Senior Advanced students is a min training of 8-10hrs p/w to establish sound technique, but our class schedule allows for a more personalised selection. We hope that you find our 2025 schedule a good fit as we have tried very hard to consider the balance of school and dance for students that find great joy and satisfaction through their dancing, to continue with as many classes as they can manage alongside their study at a discounted rate with our sliding scale built into the fees. The continuance of dance through these higher years of study can provide the essential physical, social and emotional support needed to maintain good balance for young students. We have always found that our students that continue to dance through these important study years develop such wonderful time management and organisational skills. You can be assured that our experienced and caring staff will work with you and your child in scheduling dance events around important VCE school exams and sacs.

Classical Ballet:

Sen Adv Students will be offered 2 classical exam-based classes per week as well as an open class which will also include conditioning in 2025. Major Classical examinations are still offered within class times at higher levels to help stimulate further growth and motivation and to maintain good technique for other styles. Mondays, Wednesdays & Thursdays will cover the major exams of Elementary and Intermediate with intention that these exams will be sat in 2025. Tuesday serves as a combined open & conditioning class. This will vary based on student needs. Students wanting to sit major classical exams are required to attend all 3 classical sessions per week ensuring the development of strength to prepare safely for the exams. Students wishing to attend just one or 2 ballet class p/w for maintenance enjoyment can choose from any of the 5 offered classes. Extra rehearsals will be offered to successful applicants for the main ballet as well as a separate pointe item for those wanting to do a little extra. There will be prerequisites for this.

Jazz:

Students are offered 1 x 60min class p/w. This is an open jazz class with a combination of both Broadway & Commercial jazz styles as well as heels. There will be 2 concert dances allocated to this class with an opening item as well as the usual item. High level exams are offered as an optional (extra) class and are usually smaller groups and therefore not covered in the sliding scale, but the cost is shared amongst the group to ensure teachers are covered.

Extensions Class:

Our 1 hr extensions class is designed to take competitive students to the next level of their training. A combination of acro, stretching, extension work focused on turns and jumps and core strengthening. This class is now a requirement for competitive & high-level exam dancers wanting to take their dancing to the next level. This class has been conveniently placed between the troupe and high-level exam classes in 2025 for your convenience.

Contemporary:

Students are offered 1 x 60min class p/w. This is an open class. Students must be doing at least one ballet class to participate in contemporary or have had sound classical training due to the high technical element. There is one concert dance allocated to this class.

Tap:

We are hoping to offer students a tap class with our fabulous new tap teacher Amelia Tang, who has been teaching Tap for many years and specialises in this style. The class will be dependant on numbers interested. 1 x 60min class p/w. This will be an open class if desired or it can serve as an optional extra exam class if requested. There will be one concert dance allocated to this class. Minimum number of students will be required for open class.

Hip Hop:

Students are offered 1 x 45min class p/w. This is a fun open style class. Hip hop is a complementary style to enhance jazz presentation and encouraged for anyone thinking of commercial dance as a career. There will be one concert dance allocated to Hip Hop