

Senior Advanced Class information 2024

General:

Many students are also performing in competitions from this age and may be invited to participate in a performance troupe and solos as well as their exam and open classes. There is a discounted sliding scale built into the fees allowing students to be able to do more classes at a discounted rate, as many students start to train multiple hours from this age. Our recommendation is a min training of 8-10hrs to establish strong technique, but our class schedule allows for a more personalised selection.

Classical Ballet:

Students will be offered 2 classical exam-based classes per week and an open class as well as a ballet conditioning class. Major examinations are offered in class time at higher levels to help stimulate further growth and motivation and to maintain good technique for other styles. Mondays & Wednesdays will be exam classes with Tuesday serving as an open class for the first half of the year. Then Monday & Tuesday classes will be concert classes in the 2nd half of the year, with Wednesday serving as the open technique class. Students at this level are encouraged to attend 3 classical sessions per week for continued growth & improvement and to prepare for exams. Students wishing to attend just one ballet class p/w for maintenance should do the Wednesday class. Extra rehearsals will be offered to successful applicants for the main ballet as well as a separate pointe item for those wanting to do a little extra.

Jazz:

Students are offered 1 x 60min class p/w. This is an open jazz class with a combination of both Broadway & Commercial jazz styles as well as heels. There is one concert dance allocated to this class and an opening item will be also offered to en Adv students that requires extra rehearsal time and an extra costume. High level exams are offered as an optional (extra) class and are usually smaller groups. These extra exam class costs are shared amongst the group to ensure costs are covered.

Tap:

Students are offered 1 x 45min class p/w. This is an open class. High level exams are offered as an optional extra class if requested. There is one concert dance allocated to this class.

Contemporary:

Students are offered 1 x 60min class p/w. This is an open class. Students must be doing at least one ballet class to participate in contemporary or have had sound classical training due to the high technical element. There is one concert dance allocated to this class.

Hip Hop:

Students are offered 1 x 45min class p/w. This is a fun open style class. Hip hop is a complementary style to enhance jazz presentation and encouraged for anyone thinking of commercial dance as a career. There will be one concert dance allocated to Hip Hop

Extensions Class:

A new 1 hr class designed to take competitive students to the next level of their training. A combination of acro, stretching, extension work focused on turns and jumps and core strengthening. This class is essential for competitive & high level exam dancers wanting to take their dancing to the next level.