

Intermediate Class Information 2024

General: Many students are also performing in competitions from this age and may be invited to participate in a performance troupe and solos. There is a discounted sliding scale built into the fees allowing students to be able to do more classes at a discounted rate, as many students start to train multiple hours from this age. Our recommendation is a min training of 6-8hrs at this age to establish strong technique, but our class schedule allows for a more personalised selection.

Classical Ballet: Students are offered 2 x 1.25hr classes p/w and will progress towards the SFD level 6 exam work with a view to be ready to sit the exam this year. Exams are only offered to students participating in 2 classes per week. There will be the main exam/concert class, and the technique class which will support the students with extra ballet technique necessary to progress. The repetition of recruiting & engaging the specific muscles twice per week is required to establish sound classical training. If students only wish to do 1 ballet class, they should attend the Technique class on Wednesdays. One Concert item will be offered to students attending both classical classes.

Jazz: Students are offered 1 x 1hour class and sit the SFD jazz Level 6 exam. One concert dance is allocated to this class.

Tap: Students are offered 1 x 1hr class per week. Students will be tutored towards graduating steps and sequences of Level 6 as they build confidence and show readiness for the next progressions. Exam will be offered if students are ready. There will be one concert dance allocated to Tap students.

Contemporary: Students are offered 1 x 45min class p/w and must be doing at least 1 classical class per week or have had an extensive classical training to attend. This is an open class with no exams. There will be one concert dance allocated.

Acro/Extensions: Students are offered 1 x 45min hour class per week. It is a combination of acro, stretching, extension work on turns and jumps and core strengthening. This class is essential for competitive dancers, higher level exams & those wanting to take their dancing to the next level. There are NO concert dances allocated.

Hip Hop: Students are offered 1 x 45min class p/w. This is a fun open style class with all the latest funky moves. Hip hop is a complementary style to enhance jazz presentation. There will be one concert dance allocated to Hip Hop